

# 2015 May

**EMPLOYER NEWSLETTER** 

#### Reconcile your differences

In 2013, the Plan collaborated with Blue Cross & Blue Shield of Mississippi (BCBS) to offer employer units a paperless reconciliation process through EnrollBlue. This tool allows for quicker, more efficient of monthly processing billing reconciliations and premium payments. It also allows you to quickly identify and resolve any discrepancies between your premium billing and reconciliation.

It is very important that you submit your unit's reconciliation each month through EnrollBlue. If you are not submitting a reconciliation, it is very likely that you are over or under paying for your health coverage. If you need someone to walk you through the reconciliation process or have any questions, please contact Shem Polk with BCBS at (601) 664-5285.

Please remember that federal law requires that COBRA notices be sent to termed employees. BCBSMS sends COBRA notices to these terminated employees on your behalf. However, if you are not terming employees in EnrollBlue in a timely manner so that terminating employees are receiving COBRA notices timely, you as the employer may be responsible for federal penalties.

### Site Champion Conference

The Motivating Mississippi - Keys to Living Healthy annual site champion

conference is coming soon! This event is being moved up from scheduled January 2016 date to August 2015. Three conferences will be held throughout the State during the month of August. Details including specific dates, locations, and agenda will be announced next month. The training is open to all site champions. Contact Claire Whittington for more information.

## Are you getting your fruits and veggies?

Eating a variety of fruits and veggies is important to your health. June is national fresh fruit and vegetable month and what better time to celebrate the season's bounty? Summer means lots of fresh fruits and vegetables, whether bought at your local farmer's market or ones you grow yourself.



The Mississippi Farmers' market is the largest market in the State and is a great resource for fresh local produce. The market also offers cooking demonstrations, kids' activities and live music. So make a day of it and support your local farmer!

Celebrate healthy eating and living, and engage your employees in a wellness activity by scheduling a healthy eating presentation through your ActiveHealth wellness coach.

Not sure who your coach is? You can contact Brett Watkins at <a href="mailto:jwatkins@activehealth.net">jwatkins@activehealth.net</a>



**FAST FACTS** 

70%

Of Americans get their produce from a farmer's market.

Source: W.K. Kellogg Foundation

8/2015

Site champion conference will be held in August 2015.

MORE INFORMATION

KnowYourBenefits.dfa.ms.gov

#### Have Questions?

We've got answers.
Contact Claire Whittington at
Claire.Whittington@dfa.ms.gov